

You can talk to us!

Keeping You Safe at Thurlbear CE VA Primary School

Your safety, happiness and attendance at Thurlbear is so important to every member of staff at our school. We respect you, care for you and help to protect your rights. Everyone at Thurlbear does his or her best to help you reach your potential by the end of Year 6. We teach you how to recognise risks in different situations, and how to protect yourselves and stay safe. We train you up to make the best choices for now and in the future.

How will we try to protect you?

We try to make school the safest place for everyone to learn. We want to make sure that you remain safe, at home as well as at school. We think it is important for you to know where to get help if you are worried or unhappy about something.

Need to talk when you are in school?

You can talk to **ANY ADULT** in school if you need to, they will **ALWAYS** be there for you - just ask them! That can be your teacher, our Office Team, someone at lunch, Mr Gillan or our staff in Breakfast and After School Club. No issue is too small; if it matters to you, then it matters to us.

What if you are worried at home?

As well as your parents and carers, there are others places you can be heard.

CONTACTING CHILDLINE

Childline is there to help anyone under 19 in the UK with any issue they are going through.

You can talk to them about **anything**. Whether it's something big or small, trained people are there to support you.

Childline is free, confidential and available any time, day or night. No

problem is too big or too small. Call them free on 0800 1111 or get in touch online. However you choose to contact them, you're in control. It's confidential and you don't have to give your name if you don't want to.

What is it like to get in touch?

When you call us on 0800 1111 you'll come through to a switchboard. This is where someone friendly will ask if you want to speak to a counsellor. Calling is free on 0800 1111. Calls are free from landlines and mobiles in the UK. And they won't show up on your phone bill. Even if you do not have credit on your mobile phone, you can still call for free.