

Fresh drinking

water & Schar

bread are

available daily.

## SPRING MENU 2025 Gluten & Dairy Free



## Week 1

Week commencing

**○ 06.01.25 ○ 27.01.25 24.02.25 17.03.25** 

MONDAY

GF/DF Hot Dog Choice 1 Wedges & Sweetcorn Served with

Jacket Potato Cheese/Beans/Tuna GF/DF Vanilla Shortbread Dessert

TUESDAY

Chicken Hot. Pot. Choice 1 Served with Peas

Jacket Potato Cheese/Beans/Tuna Alpro Dessert

Dessert

Choice 1 GF/DF Pizza Nacho's & Salad Served with

Jacket Potato Cheese/Beans/Tuna GF/DF Chocolate Cookie Dessert

WEDNESDAY **THURSDAY** 

Roast, Gammon Choice 1

Crispy Roast Potatoes, Green Beans,

Cauliflower & Gravy

Cheese/Beans/Tuna Jacket Potato

GF/DF Chocolate Sprinkle Muffin

FRIDAY

Choice 1 GF/DF Fish Fingers Chips & Peas Served with

Cheese/Beans/Tuna GF/DF Chocolate Cookie Dessert

Week 2

Week commencing

**○ 13.01.25 ○ 03.02.25** 

O3.03.25 **24.03.25** 

GF/DF Chicken Tikka Masala Choice 1

Served with Rice

Cheese/Beans/Tuna Jacket Potato GF/DF Fruit Flapjack

Choice 1 Beef Bolognaise TUESDAY

GF Penne Pasta & Baby Carrots Served with

Cheese/Beans/Tuna Jacket Potato GF/DF Vanilla Muffin

WEDNESDAY

MONDAY

Choice 1 Tomato and Basil Pasta

Served with

Jacket Potato Cheese/Beans/Tuna

Baked Pineapple & Alpro Dessert

Choice 1 Roast, Pork **THURSDAY** 

Crispy Roast Potatoes, Broccoli, Carrots Served with

& Gravy

Jacket Potato Cheese/Beans/Tuna GF/DF Black Forest Muffin

Choice 1 FRIDAY Served with

GF/DF Fish Fingers Chips & Beans

Cheese/Beans/Tuna GF/DF Flapjack

Week 3

Week commencing

TUESDAY

WEDNESDAY

**THURSDAY** 

FRIDAY

**20.01.25 10.02.25 10.03.25** 31.03.25

GF/DF Vegan Nuggets Choice 1 MONDAY Garlic New Potatoes & Sweetcorn Served with

Jacket Potato Cheese/Beans/Tuna Mixed Fruit Jelly

Choice 1 GF/DF Baked Sausages

Mashed Potato, Mixed Vegetables & Gravy Served with

Jacket Potato Cheese/Beans/Tuna GF/DF Chocolate Cookie

Choice 1 GF/DF Beef Burger Served with Wedges & Salad

Jacket Potato Cheese/Beans/Tuna GF/DF Vanilla Shortbread

Choice 1 Roast Turkey

Crispy Roast Potatoes, Country Served with

Vegetables & Gravy

Cheese/Beans/Tuna Jacket Potato GF/DF Banana Muffin

Choice 1 GF/DF Fish Fingers Served with Chips & Peas

Jacket Potato Cheese/Beans/Tuna GF/DF Cookie

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Fresh Fruit or Fruit Yoghurt is available as an alternative to the dessert option.



(v) Vegetarian (vg) Vegan/Plant Based

A Jacket Potato with Baked Beans and Side Salad is available daily, as an alternative to the main meal. Fresh drinking water & Schar bread are available daily. Fresh fruit is offered as an alternative to the dessert option.



